BIG DOG TACTICAL

90-DAY PREPAREDNESS WORKBOOK

A Practical Guide to Planning for Extended Power Outages



Get Your Weight Up!

FREE HOUSEHOLD PLANNING RESOURCE

WORKSHEET 01 / PRINT OR COMPLETE LOCALLY

Household readiness assessment

Use the preceding guidance. Record current facts, state assumptions and keep sensitive details private.

Household / prepared by

Date / next review

Person / pet / role	Need or dependency	Agreed help / contact	Backup or trigger

Housing and storage constraints

Climate / access constraints

First essential dependency to resolve

Owner and next action

WORKSHEET 03 / PRINT OR COMPLETE LOCALLY

Water requirements

Use the preceding guidance. Record current facts, state assumptions and keep sensitive details private.

Household / prepared by

Date / next review

People: ___

Planning days: ___

US gal/person/day: ___

Additional household US gal/day: ___

Daily = people × rate + extra

Period total = daily × days

Usable stored US gallons

Coverage = usable reserve ÷ daily

Hypothetical example
4 people × 1 US gal/day + 2 additional = 6/day; 90 days = 540 US gal. A 30-gallon reserve gives 5 theoretical days. This does not establish adequacy or storage safety.

Safe storage / clean dispensing

Verified replenishment or relocation trigger

Who confirms source safety and storage? What if the first replenishment option fails?

WORKSHEET 05 / PRINT OR COMPLETE LOCALLY

Battery and power budget

Use the preceding guidance. Record current facts, state assumptions and keep sensitive details private.

Household / prepared by

Date / next review

Planning days

Supported usable reserve, Wh

Device / task	Watts	Hours/day (0–24)	Daily Wh = W × h

Total daily Wh

Period Wh = daily × days

Coverage = usable Wh ÷ daily

Supported charging and compatibility

Shortfall action; no medical suitability assumed